

EMOTIONAL WELLBEING

Stream 2

Workshop 2.1:

KEY STAGE
ONE



**The Fearsome Giant
Show - Using the Arts
to Manage Anxiety**

Workshop 2.2:

KEY STAGE
TWO



**Practical Ways to
Wellbeing**

Workshop 2.3:

KEY STAGE
TWO



**Thrive - Using Drama
to Navigate Conflict
in Friendships**

Our workshops are designed to progress across the key stages - they are creative, accessible and age appropriate. You can select single workshops but it is most cost effective to sign up to the full stream of workshops.

E-mail us to book:

talktous@theconversationstamford.co.uk

